### BRADFORD SOUTH - LOCALITY PLAN UPDATE REPORT

### BETTER SKILLS, MORE GOOD JOBS AND A GROWING ECONOMY

### **Priority**

# 1. Development of village and / or service centres across Bradford South including increasing community building space for community-based training and activities.

### Update on actions and outcome

- Skills House are working with a range of partners to try and provide access to local training opportunities e.g. job search and applications, interview techniques and job readiness some locations include Woodside Village Hall, Wibsey Library and developing bi-weekly drop in at Queensbury Café. Work is taking place to explore other places in local libraries, community centres and other venues working alongside the Council Ward Officer Teams.
- TFD locality hub operating now and home to an educational provider offering a range of courses and opportunities. The premises are also home to the Bradford South Children's Trust and a range of parenting courses are available from the Hub.
- Great Horton Community Hub Supporting the development of the Great Horton Hub at Beldon Road to provide a range of activities for the local community. The Ward Officer and Assistant Ward Officer have supported this to create a partnership group that now includes staff from Skills House, Stronger Communities, Children Services, Youth Service, Libraries, Social Prescribing Team, and Reducing Inequalities Team and also European Drom – a community group set up by the EU Community. This will co-ordinate local events, better use of this community space and the provision of services at this location.
- 18 organisations funded across Bradford South from UKSPF. This included projects to boost productivity, pay, jobs and living standards by growing the private sector, especially in those places where they are lagging. Spread opportunities and improve public services, especially in those places where they are weakest. Restore a sense of community, local pride and belonging, especially in those places where they have been lost and empower local leaders and communities, especially in those places lacking local agency.
- Wyke Village/Towngate- seeking to establish a business network or forum to gauge interest from local traders. An initial walk-about has been conducted and businesses visited. Over the next few months, there will be further engagement.
- We Are Queensbury Food Bank/Community Hub Ward Officer and Assistant Ward Officer have been supporting We

are Queensbury in developing their core offer. The organisation secured £100K Lottery Funding.
<ul> <li>With support from CABAD and Area Office, they are in the process of registering as a Charity status. Neighbourhood Warden and PCSO carry out a monthly Contact Point where residents can raise any issues. A benefit advisor is also on site. Skills House are in the process of Employment Advisors to work from We Are Queensbury Food Bank / Community Hub.</li> </ul>

Priority	Update on actions and outcomes
2. Increase awareness of business development and support opportunities.	Skills House have allocated a Business Engagement Officer and 3 Employment Advisers to South locality to work with alongside Ward officers to raise awareness of Skills House offer.
	Skills House in partnership with Bradford South     Neighbourhoods Team held a jobs Fair in July 2023 focussing     on jobs in the Health and Social care sector.
	Skills House English Language Hub – established and delivered from Wibsey library.

Priority	Update on actions and outcomes
3. Increase accessibility of jobs and training opportunities locally through developing links with existing employers including employers within the Euro Way Industrial estate.	Skills House have increased our vacancies which are advertised on the Skills House partnership this includes business such as Expect Distribution, GXO and other manufacturing companies. Skills House match these vacancies to jobseekers within the South locality.
	Work to be developed to link Euroway Industrial estate businesses with community benefit projects / volunteering initially focussing on the BD4 area.

### **DECENT HOMES**

Priority	Update on actions and outcome
Improve and maintain the quality of private-rented and social housing and empower tenants to address issues.	<ul> <li>Focused pieces of targeted work have taken place across Bradford South e.g. Great Horton Warden project targeted 4 streets with visual audits, home visits including education, awareness, and enforcement around properties with accumulated waste and referrals made to private sector housing on properties of concern over a number of weeks. Further work followed targeting businesses with waste issues. Another example is a 6-week intensive street audit of</li> </ul>

Runswick Grove was carried out, with a focus on waste in gardens.

- Scheduled community driven clean ups are taking place throughout the year to encourage the use of local green spaces/parks/woodland.
- Local Neighbourhood Wardens active in the community promoting recycling, reporting fly tipping and facilitating community litter picks. Distribution of bags, gloves, picks, and collection of waste.
- The proposed use of People on Probation (PoP's)- to removing graffiti, clearing wasteland and decorating public places and buildings. The goal is to improve cleanliness in (grot spot) areas throughout the ward identified by local residents and elected members.
- HOPE Park clean-up was completed including community Clean ups involving partners such as Wibsey Clean Team and Friends of Scaley Hill (FOSH).

Priority	Update on actions and outcomes
2. Winter support for vulnerable residents.	<ul> <li>A range of organisations funded across Bradford South have received funding for Warm Spaces/ Welcoming Spaces where residents can go to a warm place to sit, chat and have a hot drink. Digital website available with more information <a href="https://costoflivingbradford.co.uk/">https://costoflivingbradford.co.uk/</a></li> </ul>
	<ul> <li>Tasty Chewsdays at St Mary's Church, Wyke. A warm and welcoming warm space for senior citizens (every Tuesday) that offers various activities, such as exercise, games, bingo, etc, with a freshly prepared meal and dessert. (Access bus available)</li> </ul>
	<ul> <li>Holiday Activity and Food Programme – providing funding to a broad range of voluntary sector organisations across Bradford South. This includes a mixed offer of food parcels, warm food and activities to people of all ages.</li> </ul>

Priority	Update on actions and outcomes
Helping people manage household budgets including energy efficiency help.	18 organisations funded UKSPF supported local community groups including supporting residents with budgeting and assistance with energy efficiency information and advice.
	<ul> <li>Welfare advice services funding provided by Council to a range of providers across Bradford South including financial assessments and support e.g. Welfare Benefit advisors from CHAS hold surgeries at We Are Queensbury Food Bank.</li> </ul>

- Green Doctors are looking at working with We Are Queensbury Food Bank in supporting families around household budgeting, energy efficiency and cooking on a low budget.
- Cost of Living support continues through voluntary sector colleagues eg Sandale Trust's wide ranging support including social supermarket, hot meals and community shop, Café South at Buttershaw Youth Centre, offering breakfast to BBEC pupils on way to school, promotion of debt and benefit advice at regular sessions by CHAS and also Incommunities Money Matters team. Royds councillors also used Covid support funding for extra work by Green Doctors up to March 2023, so partners including schools were able to refer residents struggling with energy bills for help last winter.

### **GOOD START, GREAT SCHOOLS**

### **Priority**

## 1. Concern for the number of children and young people that are not in education and at risk of exploitation.

### Update on actions and outcome

- Launch of new website: <a href="https://fyi.bradford.gov.uk/">https://fyi.bradford.gov.uk/</a>.
- The Children's Trust now have additional Attendance Improvement Officers working with the Early Help Coordinator's on targeted attendance cases in order to improve school attendance in Bradford South. This has been funded for 12 months, after which time we should have some data around the impact.
- Bradford Youth Service works with Neighbourhood Policing Teams, Childrens Social Care, Early Help and Bradford Childrens Trust inc Breaking the Cycle, B Positive Pathways / Edge of Care services. This multi-agency approach allows Youth Workers to offer bespoke support.

### **Great Horton**

 The Youth Work team have identified and targeted support at 58 (4.4%) young people via outreach and detached youth work. These sessions have allowed youth workers to build trust and engage young people in opportunities that reduce anti-social behaviour and risk-taking behaviour.

### Queensbury

• The Youth Work team have identified and targeted support at 40 (3.0%) young people via outreach and detached youth work. These sessions have allowed youth workers to build trust and engage young people in opportunities that reduce anti-social behaviour and risk-taking behaviour.

### Royds

 The Youth Work team have identified and targeted support at 80 (6%) young people via outreach and detached youth work. These sessions have allowed youth workers to build trust and engage young people in opportunities that reduce anti-social behaviour and risk-taking behaviour.

### **Tong**

 The Youth Work team have identified and targeted support at 99 (7.4%) young people via outreach and detached youth work. These sessions have allowed youth workers to build trust and engage young people in opportunities that reduce anti-social behaviour and risk-taking behaviour.
 This work is further supported by the development of Holmewood Community Safety Partnership. 99 (7.4%)

### Wibsey

• The Youth Work team have identified and targeted support at 44 (3.3%) young people via outreach and detached youth work. These sessions have allowed youth workers to build trust and engage young people in opportunities that reduce anti-social behaviour and risk-taking behaviour.

### Wyke

 The Youth Work team have identified and targeted support at 31 (2.3%) young people via outreach and detached youth work. These sessions have allowed youth workers to build trust and engage young people in opportunities that reduce anti-social behaviour and risk-taking behaviour.

The Youth Service has a strong working partnership with Trinity *Academy*. Over the last year students have been

Priority	Update on actions and outcomes
2. Wider offer of co-produced youth provision and junior youth provision including working with schools.	Youth Service development of relationship with all secondary schools. Youth Service development of Moving Up project supporting transition. Youth Service development of co-produced youth provision.
	Great Horton
	<ul> <li>The Youth Service has a strong working partnership with Coop Grange Academy. Over the last year students have been supported to improve their wellbeing, attendance and participation in community based support.</li> <li>Over the summer the youth work team have identified and supported several individuals to feel more confident about starting secondary school.</li> <li>The Youth Service works in partnership with Scholemoor Beacon to co-produce a targeted weekly youth work session that seeks to reduce ASB and improve local participation.</li> </ul> Queensbury

- supported to improve their wellbeing, attendance and participation in community-based support.
- Over the summer the youth work team have identified and supported several individuals to feel more confident about starting secondary school.
- The Youth Service works in partnership with Queensbury Community Partnership to co-produce the delivery of the Holiday Activity Programme that seeks to identify and support vulnerable young people.

### Royds

- The Youth Service has a strong working partnership with Buttershaw Business & Enterprise College. Over the last year students have been supported to improve their wellbeing, attendance and participation in community based support.
- Over the summer the youth work team have identified and supported a number of individuals to feel more confident about starting secondary school.
- The Youth Service works in partnership with Shoulder to Shoulder, Safe Space, Sandale Hub and Buttershaw Baptist Church to co-produce targeted weekly youth work sessions that seeks to reduce ASB and improve local participation.

### **Tong**

- The Youth Service has a strong working partnership with both Tong and Forsters Academies. Over the last year students have been supported to improve their wellbeing, attendance and participation in community based support.
- Over the summer the youth work team have identified and supported a number of individuals to feel more confident about starting secondary school.
- The Youth Service works in partnership with e:merge, Outloud, Dance Utd and Bradford City FC to co-produce targeted weekly youth work sessions that seeks to reduce ASB and improve local participation.

### Wibsey

- The Youth Service has a strong working partnership with Buttershaw Business & Enterprise College. Over the last year students have been supported to improve their wellbeing, attendance and participation in community based support.
- Over the summer the youth work team have identified and supported a number of individuals to feel more confident about starting secondary school.
- The Youth Service works in partnership with *Bradford Park Ave* to co-produce a targeted weekly youth work session that seeks to reduce ASB and improve local participation.

### Wyke

- The Youth Service has a strong working partnership with Appleton Academy. Over the last year students have been supported to improve their wellbeing, attendance and participation in community based support.
- Over the summer the youth work team have identified and supported a number of individuals to feel more confident about starting secondary school.
- The Youth Service works to identify partnerships that can begin to co-produce targeted weekly youth work sessions that seeks to reduce ASB and improve local participation. An example of this can be seen in the support offered to Youthology during 2022.

### **Priority**

### 3. Increase opportunities for family support and early intervention including 0-5 social / educational activities.

### Update on actions and outcomes

- The Children's Trust now have 2 family navigators in post who are based in localities. They have been allocated wards and will be linking with local groups to offer support and signposting to families. The FYI site is up and running and has all of the information about what services are available from the family hubs, access to timetables and the ability to self-refer on to parenting courses and other sessions.
- The oral health programme for children includes the continuation of the well-received fluoride varnish programme. The varnish programme is delivered to a target of 5000 children across the District and prior to COVID was exceeding this target, using a priority ward system (much of the South of the district is in the priority 2 area). This is picking up but is not yet back to pre-COVID levels.
- Since autumn 2021 Public Health has managed the Council's portion of DWP Household Support Fund monies allocated to increase the food supplies into food banks and food pantries, including those in South Bradford, and from October 2022, has established a fund for families who lack cots, beds and bedding for new babies and follow-on beds for young children, who are referred by health professionals to a local VCS provider. In July/August 2023 the online mental health support for young people provided by Kooth has held in-person sessions in Wyke library.
- Youth Service signposting families to Early Help, Family Hubs and Local VCS organisations

### Case studies:

Today, I have closed the file for X who, was referred by the school safeguarding team for issues related to be reavement. X struggled to understand her emotions related to the passing of a family member and wanted to learn more about what was going on. The weekly

sessions focused primarily on understanding emotions and relating them to bereavement, helping X to connect with how she felt and understand that the feelings are perfectly natural, and everyone deals with bereavement differently. Part of the work focused on the triangular understanding of thoughts impact feelings, which in turn affects behaviour. Developing an understanding of this in a visual representation enabled X to understand the process. The final session today we picked out the skills learnt and how they can be applied when times might become more difficult.

X has had support to manage her emotions and reduce episodes of feeling overwhelmed over struggles she has with peers and school work, X is now communicating well with her teachers and the support staff in school who have seen a reduction in the need for time out due to anxiety. Her attendance at school has improved and she is getting on well with her peer group. School are happy for sessions to end and give X the opportunity to practice the techniques she has learnt for grounding and managing her feelings and emotions and the skills to build and maintain her friendships with peers.

This young person has engaged extremely well and has made some positive steps, interventions for the young person have not only come from the youth service but school have helped with a joint approach. The outcomes for the young person have been gradual and they will continue now that I am finishing working with the young person. When I began working with them, they felt that they did need additional support and that they did need assessing for neuro diversity, but their parents were unwilling for them to have this support. Through working with school and parents they have now agreed to have some test done and are now supporting the young person to take counselling sessions which they had objected to in the past. The young person has travelled a long way since we first met and has grown in confidence gaining the ability to speak with not only myself but now having the confidence to speak to their parents which they had struggled to do in the past.

X has been supported to manage the overwhelming feelings he has while attending school. He has always struggled in school due to ASD and identity, he has experienced a large amount of feeling bullied and excluded by peers and has been unable to manage and maintain friendships. X has engaged well in sessions and the focus has been to achieve the most out of his exams ready for college next year. We have carried out a number of community interventions and had days out travel training and visiting local college provisions. We identified and applied to a number of colleges offering the chosen subject and X now has a place he is happy with at Bradford college. He will continue to be supported outside of school through youth sessions and youth worker support but has now left school and feels his main cause of anxiety has now been removed through leaving school. X

has been supported to re-engage with peers he had previously lost contact with and is rebuilding these friendships slowly.

Client has received both home and walk and talk visits in the community and has support to understand the risky behaviour she is engaged with. Her behaviour has escalated, and the family have been on CIN plan and escalated to a CP Plan. Throughout this process X has had regular home visits which have been positive, and she was opening up about her family relationships, lack of feelings towards her mum and dad and was open an honest about her wear about and behaviours when reported as a MISPER and we were exploring why others were concerned for her safety at these times. I have supported mum and gran to identify ways to de-escalate situations with X and more recently the younger sibling and support her to approach CSC for additional help. I have attended a number of core group meetings and made referrals to Breaking the Cycle after concerns regarding CSE. Following a number of core group meetings where SC cancelled without notice and allegations towards mum, X has now disengaged form support and will not stay home for me to visit. I have updated CSC of my recent visits and concerns and have explained without agreed engagement there is nothing further our service can do.

X has worked through issues related to being placed in care and his feelings towards mum for this. We have explored techniques to manage his outbursts in class and prevention and de-escalation to reduce C1,2,3,4, and removal from class. He lives away from the area but is aware of the local youth service provisions in BD4/3 areas and has attended in the past. X knows he spends very long hours online gaming and accepts these effects his ability to concentrate and make correct choices at school. X has recently withdrawn from attending school and so welfare agreed to close the file until confirmation is received about his future education

X was referred for support in understanding emotions and developing coping strategies that reduced the for support and increased resilience and autonomy. The referral made through CAHMS crisis, referred to areas of self harm, low mood and low confidence. After a home visit, a conservation and assessment on the issues related to the assessment it was deemed a one to one community approach would be the start of the interventions. A weekly one to one session was established at the local youth centre, creating a safe and stable base for the young person to a positive relationship. The weekly sessions focused on elements of cognitive behaviour looking at areas of psycho-education. The education focused around understanding anxiety and reducing the stigma, developing an awareness of evolutionary safety mechanisms including fight and flight and investigating the origins of distress. Awareness of these areas creates choice for the young person and helps to shape an understanding of this is a natural feeling. Over the weeks we have questioned some origins of automatic negative

thoughts and played games such as detective and finding the clues which has helped identify where some of these thoughts have come from and re framed them to think differently. X has developed a number of skills through this process that have enabled her to make some difficult choices, gain understanding of self and practice doing things differently. I now find it time to allow X to transition into some of the group work we have, moving X to a more positive destination, creating independence and agency.

Today I have closed the file for X as the young person has now finished their GCSEs and has left school. X was originally referred for support with anxiety and understanding emotions. This has been a longer than usual set of interventions that has lasted the entire year 11 academic timetable. Working on a one to one therapeutic basis within Tong school X and I have navigated some very important parts of the difficulties experienced through year 11. Working through many incidences of trauma related to past experiences, we have worked hard to understand and process those elements, to safely enter into the stresses of year 11. Identity and understanding self have been constant themes throughout the course of the interventions and with some person centred supporting help X to identify their own pathways has resulted in a positive approach to this topic. I have liaised with safeguarding and pastoral support to help the next educational provider create a similar safe and supportive environment on the next journey of academic development and this has been well received by X. Creating a positive Male relationship has helped to model different behaviours to past experience creating an awareness that trust in personal and professional relationships is possible even after trauma. X leaves the School with a better understanding of self, has an awareness of the impact of their choices and has developed skills to combat negative thinking.

X was referred for gender related issues. X was not feeling comfortable with own identity and it resulted in self isolating X risked relationships breakdown due individuals peoples perceptions on LGBTQIA+.

X fell out on a number of time with mums insistence of gender code of dressing.

X had Gender Discomfort Issues resulting in emotional wellbeing compromised such as stress and isolating.

While X lives less than a minute from the youth club, X never attended any sessions.

Xs Gender Discomfort Issues had led X to self isolating at home. Though X attended school,

X would come straight from school to the bedroom. My engagement with X created a space of gender equality. X found that there was support for what ever identity one chooses to be from the youth service.

X engage in our YIM sessions, spoke freely about LGBTQIA+. X started feeling comfortable with people at the youth club.

X needed acceptance of who X is. Confidence building activities during one to one and group sessions help helped build resilience in x

Now X speaks freely without fear and ready to challenge any form of stereo type that is gender discriminating.

After Xs long holiday which ends in September X is looking forward to do some volunteering work that promotes gender equality. I am happy for X and Xs mum that both are in support of each other to help X feel good about self identity. X is emotionally happy and is no longer stressed about identity issue.

### BETTER HEALTH, BETTER LIVES

### **Priority** Update on actions and outcome 1. Reduce loneliness and Public Health budget provides support to the Library service to expand its health and wellbeing activity and to address four isolation for adults. health related themes including 'reducing Social Isolation'. Libraries are increasingly operating as community hubs, they are free to use, host a wide range of activities including many that help to alleviate social isolation. All library staff are now offered Level 1 health literacy training, provided by the local Public health team and accredited by the Royal Society of Public Health. Libraries also hold collections of wellbeing books and leaflets including the '20-minute walking' leaflets. Befriending and Volunteering Manager supporting those needing befriending, recruiting and training volunteers of all ages, who will support local events and provide one to one support to local people who are lonely or isolated, for example accompanying them to a craft group, walking group or luncheon club, taking them to a health appointment, calling in with groceries and staying for a cup of tea, etc (Started April 2023, runs for 2 years – active in Queensbury, Royds, Wibsey & Great Horton wards – current challenges include the number of people willing to become volunteers, & matching volunteer with patients where they have specific needs (e.g. language barriers). Reasons for take up of Befriending found to date include: Social isolation. housebound, loss of partner/ spouse, terminal illness. no local family network/ family have moved away, suffering from depression,

lacking in confidence,

- (also could become volunteers themselves potentially)
- Increasing membership and participation at patient participation groups, men's groups, coffee mornings, events and community health checks through promotion via letters, social media, and organisational websites, and all teams connecting and making cross referrals (Bradford South wide).
- Teams of social prescribers linked to each GP surgery working with the community for those needing non-medical support. (Bradford South wide).
- 340 referrals were received across April July 2023 by the social prescribing team at the WOW community partnership, (active in Queensbury, Royds, Wibsey & Great Horton wards) to support local people, many with complex needs including:
  - social isolation & loneliness
  - financial issues related to the cost of living crisis
  - welfare rights/ debt/ housing issues
  - mental health anxiety, depression or low mood
  - people living with dementia
  - parents with children diagnosed with neurodiversity
  - drugs and alcohol issues (often together with housing issues sofa surfing)
- Wellbeing hub at the Sutton Centre, (Tong ward) and another in development at Great Horton village hall, providing face to face support (food pantry, mental health support, debt and welfare advice, support for refugees and asylum seekers, help with alcohol/ substance misuse issues). Social prescribers will also commence outreach work at the Great Horton hub from late October 2023 (Great Horton ward).
- Neighbourhood Connect now rolled out across Bradford South early help and intervention support for people with lower-level health needs encouraging connecting to activities taking place locally, improving social connectedness and reducing isolation (Bradford South wide).
- Living Well Hub established at Sutton Centre delivering a range of health, social and wellbeing activities. Great Horton Ward Hub being extended to include wider health offer. TFD Centre providing a wider offer of activities – more work planned to extend and develop a marketing strategy. Work supported by a range of partners.
- Older Peoples Day Care Opportunities fund range of community groups funded across Bradford South providing local day care services and activities.
- Digital Inclusion Programme providing access to devices;
   the internet and the skills to engage in the digital world across

Bradford South. Digital connectivity significantly helps to	
reduce loneliness, isolation and will help to improve.	
connectiveness.	

Priority	Update on actions and outcomes
2. Support the development of Dementia Friendly Communities.	Public Health budget provides support to the library service to expand its health and wellbeing activity. Library staff are offered training on being dementia friendly and Mental Health First Aid training.
	Local task and finish groups have been recently held with professionals and citizens with lived experience to shape how we can become more Dementia friendly across Bradford South – (active in Queensbury, Royds, Wibsey & Great Horton wards to start with).
	Agreed that training modules on Dementia Awareness developed by the university will be undertaken by all patient/ citizen facing staff to support greater Dementia awareness.
	Improving the quality and timing of information given to those living with Dementia, and their carers.
	<ul> <li>Increasing attendance at Dementia 'facing it together' support groups and Dementia friendly cafes, reducing the stigma, and encouraging conversations to improve self-esteem of those living with Dementia, and make friends with people who share the condition.</li> </ul>
	<ul> <li>Age UK advisers carrying out assessments in people's own homes, (or at the GP surgery or local community centre if preferred) to assist in claiming any appropriate financial benefits, arranging for home adaptations such as handrails or alert devices, keeping people safe and independent, and giving advice as people's conditions or circumstances change.</li> </ul>
	Continue to seek feedback from front line colleagues including district nurses who carry out Dementia reviews with patients, and from the patients themselves to ensure our workforce are more aware of Dementia and better able to support people living with Dementia.
	Dementia Friendly Communities event held at the Wyke Christian Community Church to identify ways to make Wyke Village dementia friendly and raise awareness of early onset dementia in the community and the support/services available. (Alzheimer's Society, Carer's Resource, Adult Services and families living with Dementia were in attendance).

### Priority

### Update on actions and outcomes

- 3. Work with partners in health Community Partnerships to connect people with services more effectively to prevent ill health.
- Wyke Health & Wellbeing Fair, Friday 14th July 2023. Held at St Mary's Church Hall in Wyke with Affinity Care Partnership. It offered a one stop shop of information on various topics, including breast screening and prostate cancer, along with health/ blood pressure checks- the aims and objectives to:

Identify people with high blood pressure, and other health related issues who have previously not had a confirmed diagnosis, and to refer them to general practice to confirm diagnosis and for appropriate management.

- Stop Smoking support is targeted through GP practices with the highest smoking prevalence. Seven of nine GP practices in Bradford South have a smoking prevalence rate that is higher than the national average. Practices will be supported to provide stop smoking behavioural support at their premises through a trained Level 2 Stop Smoking Practitioner or through the Living Well Service.
- In 2022, 412 inactive people from Bradford South were referred into Bradford Encouraging Exercise in People (BEEP) service - Living Well's multi-agency exercise referral scheme for adults. This was 22% of total referrals across the District and a 125% increase in new referrals from Bradford South, reflecting higher use of the service by our health partners for their patients. The majority of people referred had never exercised before and were living with long-term health conditions. Adults who become active on a regular basis can halve their risk of developing long-term health conditions such as obesity, diabetes, hypertension, some cancers, Coronary Heart Disease and bone conditions. 75% (327) of people from Bradford South opted for a referral to Sedbergh Sport and Leisure facility which offers a heavily discounted membership to BEEP clients. Home exercise options (23), Bowling pool (38), swimming lessons (13) are some of the other popular choices. After 12 weeks of the programme, 79% of those that attended their 12 week review appointment were now classed as active.
- Obesity costs the NHS £6 billion a year and is a complex problem with social, genetic, and biological factors all at play. Two major campaigns were developed and have had good engagement from the public and partners in all areas including Bradford South. Like many public health issues, it requires a wide range of solutions - better access to treatment, improved food quality and nutritional education, reduced exposure of our communities to aggressive promotions and advertising which encourage people to eat foods high in fat, sugar and salt, and for households to be

able to afford a healthier diet. One local approach is the *Living Well Takeaways Work* - More people are ordering takeaway food on a regular basis as part of their diet. The Living Well team is working with a number of takeaway owners and staff across Bradford district including Bradford South. The aim is to support businesses to offer healthier food options for customers, to help combat increasing levels of obesity across the district. The work aligns with the Bradford Good Food Strategy.

- Local GP surgeries and their patient participation groups are working together with area coordinators, ward officers, Living Well, statutory services and VCS organisations as 'Community Partnerships' to deliver a range of projects designed to reduce health inequalities and give citizens the support and tools they need to live happier healthier lives (Bradford South wide).
- Proactive health and wellbeing work focussing on supporting the reduction of obesity, (Bradford South wide) stopping smoking, with more intensive hand holding for those who need it to achieve a quit (in Tong & Wyke wards), and making greater use of green spaces for sport, leisure and relaxation (Bradford South wide).
- Baby Circles, a social meeting place and support group for expectant and new parents, (including teenage mums) incorporating advice on breastfeeding, weaning and nutrition, better mental health, reducing domestic abuse, positive parenting and baby weighing (in Tong & Wyke wards).
- Support group for parents of children with mental health issues (including those with autism, and ADHD) including mental health first aid training, self care awareness, etc (in Tong & Wyke wards).
- Increasing awareness of and uptake of Living Well activities designed to support us all to eat better, move more, try new activities and stay healthier (*Bradford South wide*).
- Working with local partners who provide support local communities such as Restore recovery college, faith establishments, charities and friends of local parks groups, to ensure local people know how to access activities they may enjoy, and through volunteering can make a buddy to attend with, where required (*Bradford South wide*).
- Community based health checks (over 730 carried out so far) across all wards, (*Bradford South wide*) which measure height, weight, blood pressure, test for hypertension, diabetes, anaemia, and vitamin D deficiency, and ensure clinical follow up by the patient's own GP where it is required.
- Over 140 people found to have high blood pressure.

- 560 people found to have health issues (other than high blood pressure) including issues such as type 2 diabetes, overweight/ obese, deficient in iron or vitamin D etc which have all been followed up by the patient's own GP practice.
- Walking and Wellbeing Groups continue to be supported and developed across Bradford South with support from Living Well Team including work with Friends of Group e.g. Bracken Hill Park.

### SAFE, STRONG, AND ACTIVE COMMUNITIES

### **Priority**

### Develop locality approaches to dealing with domestic violence and abuse.

### Update on actions and outcome

- Meetings have been held with the South Area team, and a plan is agreed to implement the localities response to DASV in each ward. The plan includes a focus on engaging and educating young people, ensuring officers and partners have completed DASV training, embedding Operation Encompass within the schools, rolling out the Not ok Never ok across the area, developing a Safe Spot in each ward, working with the Police and local hairdressers on the Cut it Out campaign, driving the Ask Angela campaign in partnership with the Bradford Bid, and increasing awareness of DASV services within the communities through community engagement and via Early Help.
- It was agreed that this work would start in the Tong Ward and then every 12 weeks following a review the work would progress in the next wards.
- Additionally, all of the Wardens in South have been trained on DASV Recognising & Responding Training, and Active By-stander training and have supported the distribution of awareness raising posters across the locality signposting members of the community to support services and further information.
- Bradford Youth Service staff attended a professional development day delivered in partnership with the DASV and Red Flag theatre company increasing awareness around the impact DASV has on children and Young People. Theatre performances and workshops are planned to be delivered across the wards to young people to increase their understanding and knowledge around DASV.
- Early Help Co-ordinators as part of the Children's Trust attend community settings such as open access drop ins (locations not disclosed) where support and referrals are made to appropriate agencies for DV.

### **Priority** Update on actions and outcomes 2. Dealing with ASB Officers have been working with the Police Steerside inappropriate use of team and other partners in identifying and dealing with the quads and nuisance perpetrators of nuisance motorbikes across the Bradford motorbikes and other South area. anti-social driving. Where hotspot areas have been identified leaflet drops and door knocks have been undertaken to improve community confidence in reporting anti-social behaviour and providing reassurance that we will take appropriate action where necessary. A number of ASB interventions and Tenancy warnings have been issued to those identified as being involved. This is an ongoing process. Officers have attended partner agencies and have given briefing sessions on the powers and tools available in dealing with these issues. Partners have been encouraged to report any issues via the Partnership Intelligence Portal. Positive outcomes have been published on social media to again encourage people to continue to report concerns and show action can and will be taken. Weeks of actions have been carried out in partnership with local primary schools, NPT, Bradford Council Warden, WO/AWO, and Neighbourhood Wardens tackling illegal parking. These have been jointly carried out with days of education work – where parents are advised and encouraged to park in a safe manner, followed by days of enforcement where there has been zero tolerance. Joint work with residents from Shibden Valley, Bradford South NPT, Calderdale NPT, Neighbourhood Warden, WO/AWO was carried out on how to report ASB. This resulted in the number of residents reporting inappropriate use and storage of Quad and off-street bikes, which provided intelligence. Police Community Engagement Van. Three weekly scheduled engagement days take place within Wards where residents can meet Police, Council and Incommunities officers in an informal way through the van and get information on various topics such as help for victims of crime, police recruitment, crime prevention, as well as advice and other information regarding council services. The van offers another way to reach out to residents. The Ward Leadership Team (WLT) provides an opportunity for partners and elected members to contribute, engage, raise issues and discuss tactical options with all partners as part of

ward-based problem solving. Main drivers for the agenda will be task and finish groups, providing feedback on actions taken and achievements to date, based on outcomes.

- Door to door work with councillors, Incommunities and NPT staff has regularly taken place to promote the need to report where nuisance bikes are stored. Five intelligence gathering door knocks in support of Operation Scribestoke were held over summer 2023.
- Locations for physical work to deter bikes have been identified and the work will be funded by Safer Streets 4 – two snickets in Woodside and Buttershaw.
- Case Study 2023: utilising task and finish groups, the WLT developed solutions to nuisance tenants at the Acre, Delph Hill, causing massive ASB, fly tipping, and threatening behaviours. The combination of our efforts led to an injunction barring the principal culprit from residing at the property and ultimately securing an eviction from the property through Incommunities tenant enforcement team.

### **Priority**

## 3. Developing information about neighbourhood resources and activities which is kept up to date for use by all partners working.

### Update on actions and outcomes

- The Neighbourhood Service has recently started Neighbourhood Connect for staff to link residents referred to local groups or services in an effort to reduce loneliness and isolation and to find social activities, positively impacting on their physical and mental health. A key part of this project involves setting up an updating a local directory of activities and services.
- The BD6 directory was begun a year ago and is constantly being updated – this will feed into an area wide resource in development.

### A SUSTAINABLE DISTRICT

### **Priority**

### Encourage connections between partners and schools with young people and the environment to create an understanding of the importance of climate issues.

### Update on actions and outcome

2. Greener Cleaner Schools – The AWO piloted an eight-week project at St Oswald's Primary School to provide an opportunity for pupils to learn and collectively take action for the environment, including reducing a school's carbon footprint, improving plant and animal biodiversity, saving energy, increasing recycling, improving air quality within and around the school, building wildlife habitats, healthy eating and reducing food miles.

The programme aims to help students stay healthy and ready to learn. 60 pupils took part in this project which was held

from March 2023 to June 2023 to June and finished with an educational trip.

- 3. Project work have taken place in schools providing education and awareness on climate change e.g., Neighbourhood Warden and Assistant Ward Officer supported Bracken Hill Primary School with litter picking in Bracken Hill Park, to support the school's curriculum on Pollution and Climate. A pupil commented they enjoyed "exploring their local environment".
- 4. Regular litter picks take place across Bradford South supported by the Bradford South Neighbourhoods Team e.g., Neighbourhood Warden and local PCSOs in partnership with 5 local primary schools in Queensbury have carried our regular litter picks in creating a cleaner environment. Also, attending school council meetings to undertake education work around climate issues.

### **Priority**

### Linking people with food growing opportunities and developing new ones.

### Update on actions and outcomes

• Bradford South – two rounds of a district-wide small grants (Public Health) programme were funded by Public Health, to support community groups to start growing food, to expand an existing food growing project or to add food growing into an existing gardening or growing project. Projects in three wards in Bradford South (Queensbury, Wibsey and Great Horton) were successful in their applications.

### **Priority**

# 3. Improve waste management behaviour, including increasing recycling rates, reducing fly-tipping, litter and enabling community action to restore pride in neighbourhoods.

### Update on actions and outcomes

- Recycling Advisors attend events such as fun days, festivals, open days sharing key messages. Neighbourhood Wardens have taken part in Recycling Awareness Training delivered by Waste Services.
- The Recycling Team visit residents in the Bfd South District delivering information on what can and cannot be put in their grey recycle bins. The Advisors red tag recycle bins which are contaminated requesting them to remove the offending items. Advisors often support the wardens who request our help in raising awareness on recycling and reducing waste in their areas. Recycling and Waste collections transcend Ward boundaries; however, we focus mainly on areas of high contamination often with support from Wardens who have indepth knowledge of the areas.
- The Recycling Team also visit families who have requested extra capacity for their domestic waste to check if they are recycling and doing all they can to reduce their waste.
- The red bus roadshow. Bringing together a wide range of services to provide advice and support to local people who

are concerned about money and rising costs. Offer practical help with energy efficiency and insulation, including support from advice workers, to help people save on fuel.
Support provided to several formal and informal groups to undertake local little picking and supporting programmes such as the Great British Spring Clean.